



Day 3 Reflection Worksheet

How We Lead Leadership + Advocacy

CHWs are natural leaders. Every conversation, referral, and community connection is an act of leadership. This worksheet helps you name your leadership style, identify advocacy opportunities, and make a commitment to influence the systems your community depends on.

❖ My Leadership Style

Which of these resonates with you? Check all that apply — you may be all of them!

<input type="checkbox"/> Servant Leader You lead by uplifting others and centering their needs.	<input type="checkbox"/> Advocate You speak up for clients and communities in systems of power.
<input type="checkbox"/> Educator You share knowledge that empowers people to make their own choices.	<input type="checkbox"/> Connector You bridge people to resources, relationships, and opportunities.

How does your leadership style show up in your daily work?

❖ My Advocacy Voice

What issue in your community do you feel most called to speak up about?



One thing I want decision-makers to know about the communities I serve:



❖ Barriers & My Response

Name up to 3 barriers you face when advocating, and how you can push through them:

Barrier I Face	How I Can Advocate Through It

❖ Advocacy Action Planner

Name a current issue, your planned action, and who you need in your corner:

The Issue	My Advocacy Action	Who I Need

❖ My Commitment

★ My Leadership Commitment This Week

This week, I will advocate for my community by:

The person or group I want to influence:

My WHY:

“You are not just serving your community — you are leading it.”