



EVENING CHW Training Outline

(6pm - 8pm EST from Mon 06/10/2024 to 07/31/2024)

Dates in 2024	Module Title	Course Hours
Mon 6/10 Tues 6/11	Module 1a - Time Management for CHWs On-The-Go (Part 1 of 2) Module 1b - Time Management for CHWs On-The-Go (Part 2 of 2)	2 2
Wed 6/12 Thurs 6/13	Module 2a - Implicit Bias Awareness for CHWs (Part 1 of 2) Module 2b - Implicit Bias Awareness for CHWs (Part 2 of 2)	2 2
Fri 6/14 Mon 6/17	Module 3a - CHW Critical Thinking (Part 1 of 2) Module 3b - CHW Critical Thinking (Part 2 of 2)	2 2
Tues 6/18 Thurs 6/20	Module 4a - CHW Strategic Outreach Planning (Part 1 of 2) Module 4b - CHW Strategic Outreach Planning (Part 2 of 2)	2 2
Fri 6/21 Mon 6/24	Module 5a - Sharpening Navigation Skills & Telehealth Basics for CHWs (Part 1 of 2) Module 5b - Sharpening Navigation Skills (Part 2 of 2)	2 2
Tues 6/25 Wed 6/26	Module 6a - Avoiding CHW Burnout (Part 1 of 2) Module 6b - Avoiding CHW Burnout (Part 2 of 2)	2 2
Thurs 6/27 Fri 6/28	Module 7a - A CHWs Ethical Dilemma (Part 1 of 2) Module 7b - A CHWs Ethical Dilemma (Part 2 of 2)	2 2
Mon 7/1 Tues 7/2	Module 8a - Best Health Educator of the Year & Stroke Awareness and Prevention (Part 1 of 2) Module 8b - Best Health Educator of the Year (Part 2 of 2)	2 2
Wed 7/3 Fri 7/5	Module 9a - Elevating the Voice of the Community (Part 1 of 2) Module 9b - Elevating the Voice of the Community (Part 2 of 2)	2 2
Mon 7/8 Tues 7/9	Module 10a - The Professional CHW Who Wears Many Hats (Part 1 of 2) Module 10b - The Professional CHW Who Wears Many Hats (Part 2 of 2)	2 2
Wed 7/10 Thurs 7/11	Module 11a - The Motivating CHW (Part 1 of 2) Module 11b - The Motivating CHW (Part 2 of 2)	2 2

<p>Fri 7/12 Mon 7/15</p>	<p>Module 12a - The Resilient CHW (Part 1 of 2) Module 12b - The Resilient CHW (Part 2 of 2)</p>	<p>2 2</p>
<p>Tues 7/16 Wed 7/17</p> <p>Thurs 7/18 Fri 7/19</p> <p>Mon 7/22 Tues 7/23</p>	<p>Module 13a - CHWs & Chronic Conditions Overview</p> <p>Body Systems (Part 1 of 3)</p> <ul style="list-style-type: none"> • Skeletal • Muscular • Circulatory - High Blood Pressure & Hypertension & Cholesterol Basics • Nervous - Introduction to Brain Health Basics & Working with Clients Living with Dementia <p>Module 13b - Body Systems (Part 2 of 3)</p> <ul style="list-style-type: none"> • Digestive - Colorectal Cancer • Reproductive - Breast Cancer & Cervical Cancer • Respiratory - Asthma • Immune <p>Module 13c - Body Systems (Part 2 of 3)</p> <ul style="list-style-type: none"> • Lymph • Urinary • Endocrine - Prediabetes & Diabetes • Integumentary 	<p>2 2</p> <p>2 2</p> <p>2 2</p>
<p>Wed 7/24</p>	<ul style="list-style-type: none"> • Managing your time & mindset in the workplace <ul style="list-style-type: none"> ○ DEPENDability REASONability 	<p>2</p>
<p>Thurs 7/25</p>	<ul style="list-style-type: none"> • Thriving in today's changing, multi-generational workplace <ul style="list-style-type: none"> ○ ADAPTability RESPECTability 	<p>2</p>
<p>Fri 7/26</p>	<ul style="list-style-type: none"> • Suiting-up & succeeding in today's workplace <ul style="list-style-type: none"> ○ WORKability TRANSITIONability 	<p>2</p>
<p>Mon 7/29</p>	<ul style="list-style-type: none"> • Suiting-up & succeeding in today's workplace <ul style="list-style-type: none"> ○ SUITability 	<p>1</p>

	<ul style="list-style-type: none">• Making a great impression every chance you get<ul style="list-style-type: none">◦ PRESENTability	1
Tues 7/30	<ul style="list-style-type: none">• Making a great impression every chance you get<ul style="list-style-type: none">◦ COMMUNICATIONability WRITEability	2
Wed 7/31	Graduation Celebration	
	Total	70 hours

If interested in attending some or all of these trainings, register [here](#)

